

C.L.A.P

Taking a “lesson” in counselling from Eli.
1 Samuel 1

CLAP – Calm Down

- Eli opens aggressively by accusing Hannah of drunkenness.

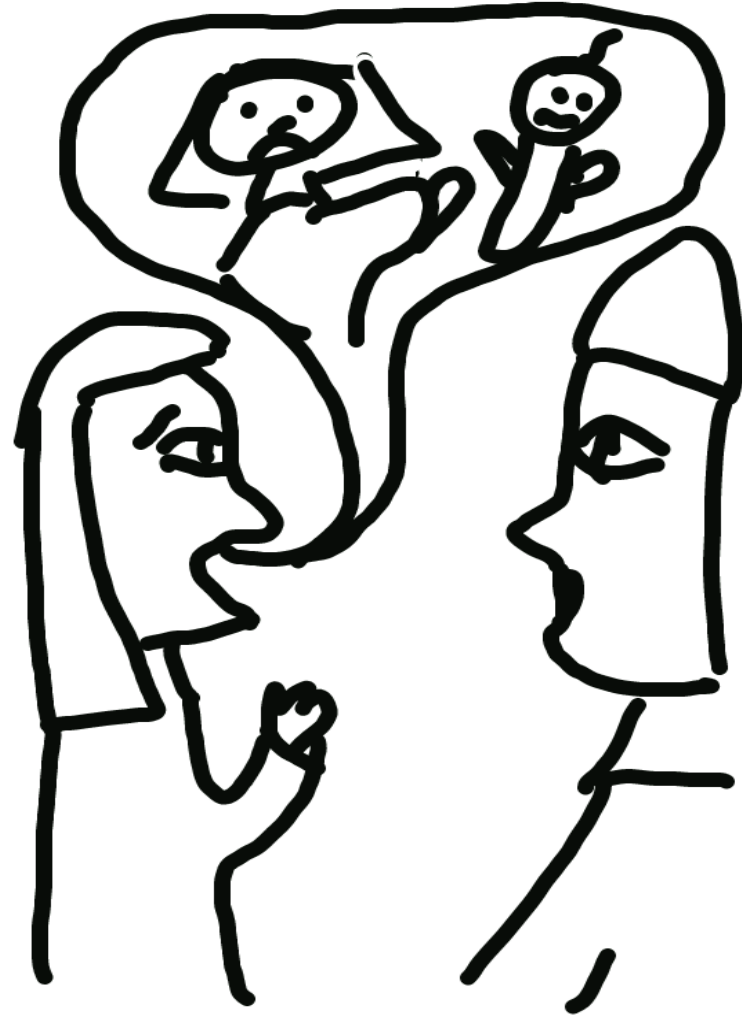


CLAP – Calm Down

- We can avoid aggressive pastoral care by being aware of our stressors & unspoken assumptions.

cLAP – Listen

- Eli then manages to listen to Hannah's story.



cLAP – Listen

- We need to listen without interruptions.

cLAP – Listen

- Infertile people may not have many people who can listen without their own agenda – you can be that person.

CLAP – Answer

- Eli advises Hannah



CLAP – Answer

- Even if you have no advice, say something to show you were listening.

CLAP – Answer

- It can be a powerful expression of interest if you recall the issue later. Even asking 'how are things going?' implies that you still care.

CLAP – Pray

- Eli prays for Hannah



CLAP – Pray

- there and then

CLAP – Pray

- Later... Praying for someone is a real and powerful way of connecting with them & helping them.

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This method can be used for any kind of Pastoral support:

- Calm down
- Listen
- Answer
- Pray